



**WESTPORT BOARD OF EDUCATION
SCHOOL START TIMES COMMITTEE MINUTES**

October 18, 2018

Staples High School Room 1025C

Present: Christopher Breyan, Carolyn Caney, James D'Amico, Sandra Evangelista, Ritu Johorey, Suzanne Levasseur, Netta Levy, Marty Lisevick, Christine Meiers Schatz, Vik Muktavaram, Colleen Palmer, Amanda Samuels, Candice Savin, Anne Spencer, Eugenie ten Cate, Christine Wanner, Jessica Goldstein

Members of the Public: Steven Parkes,

Agenda Items

1. Review of presentations

- Discussion of key takeaways from both Dr. Rubman's presentation on October 10th and the Adolescent Health and School Start Times: Science on Strategies workshop on October 16th.
- Dr. Rubman's presentation was recorded and is available on the Westport Public Schools Website by going to the Board of Education page and clicking on Committee Meeting Agendas

2. Surveys and communication

- Recommendation of Jessica Goldstein is that we do not do a survey at this point
- Focus for continued work will be communicating the summary of the committee's work with a recommendation to the Board of Education and the larger community
- A white paper will be written by Chris Wanner and Sue Levasseur and presented to the committee for approval and eventual publication to the community

3. Discuss possible recommendations

- Motion made by Christine Meiers Schatz: It is the recommendation of the School Start Time Committee that no K-12 Westport Public School start before 8:00 am.
- Motion seconded by Sandy Evangelista
- Motion passed. In Favor: 15 Opposed: 0 Abstentions: 0