

What's on the Menu?

Staples High School Lunch Menu November 1-5

Monday	Tuesday	Wednesday	Thursday	Friday
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create

Menu Items	Menu Items	Menu Items	Menu Items	Menu Items
Bean and Cheese Burrito Rice	Professional Development Day	Thai BBQ Chicken Rice and Beans	Penne with Meat Sauce	Chicken and Waffles Syrup

grilled

Buffalo Chicken Wrap	Professional Development Day	Build Your Own Hot Dog Bar	Chicken Parm Grinder	Steak and Cheese Quesadilla
Classic American Cheeseburger		Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger
Seasoned Fries		Seasoned Fries	Seasoned Fries	Seasoned Fries



Old World Style Classic Cheese Pizza	Professional Development Day	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza
Traditional Italian Pepperoni Pizza		Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza

Roadtrip

By the oz. Bar	By the oz. Bar	By the oz. Bar	By the oz. Bar	By the oz. Bar
Mac & Cheese Bar Pasta Vegetable Cheese Sauce Protein	Professional Development Day	Mac & Cheese Bar Pasta Vegetable Cheese Sauce Protein	Mac & Cheese Bar Pasta Vegetable Cheese Sauce Protein	Mac & Cheese Bar Pasta Vegetable Cheese Sauce Protein



Vegetarian



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What's on the Menu?

Staples High School Lunch Menu November 8-12

Monday	Tuesday	Wednesday	Thursday	Friday
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create Protein

Menu Items	Menu Items	Menu Items	Menu Items	Menu Items
Quesadillas Chicken or Cheese Rice and Corn	Chicken Alfredo Pasta	Handroled Sushi By Yamato Sushi	Pasta with Marinara and Meatballs	Boneless Buffalo Chicken Wings and Fries

grilled

Chicken BLT	BBQ Pulled Pork	Chicken Cordon Bleu	Chicken Ranch Wrap	Meatball Grinder
Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger
Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries

Yamato

Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza
Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza

Roadtrip

By the oz. Bar	By the oz. Bar	By the oz. Bar	By the oz. Bar	By the oz. Bar
Asian Noodle Bar Protein Sauce Noodle	Asian Noodle Bar Protein Sauce Noodle	Asian Noodle Bar Protein Sauce Noodle	Asian Noodle Bar Protein Sauce Noodle	Asian Noodle Bar Protein Sauce Noodle



Vegetarian



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What's on the Menu?

Staples High School Lunch Menu November 15-19

Monday	Tuesday	Wednesday	Thursday	Friday
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create

Menu Items	Menu Items	Menu Items	Menu Items	Menu Items
Pulled Pork Sandwich Hard Roll Fries	Chicken Parmesan Pasta	Chicken Vindaloo Warm Pita Cauliflower Rice	Penne Pasta with Meat Sauce	General Tso Chicken Fried Rice Broccoli

grilled

Philly Steak and Cheese	Monte Cristo	Deluxe Grilled Cheese	Italian Panini	Fish and Chips
Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger
Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries



Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza
Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza



By the oz. Bar	By the oz. Bar	By the oz. Bar	By the oz. Bar	By the oz. Bar
Taco Bar Seasoned Beef Tortillas Toppings	Taco Bar Seasoned Beef Tortillas Toppings	Taco Bar Seasoned Beef Tortillas Toppings	Taco Bar Seasoned Beef Tortillas Toppings	Taco Bar Seasoned Beef Tortillas Toppings



Vegetarian



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What's on the Menu?

Staples School Lunch Menu November 22-26

Monday	Tuesday	Wednesday	Thursday	Friday
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create

Menu Items	Menu Items	Menu Items	Menu Items	Menu Items
Penne Pasta With Marinara Sauce Sautéed Vegetable	Thanksgiving Dinner Turkey and Gravy Mashed Potato Stuffing	Half Day	Thanksgiving Recess	Thanksgiving Recess

grilled

Chili Cheese Dog	Chicken Quesadilla			
Classic American Cheeseburger	Classic American Cheeseburger	Half day	Thanksgiving Recess	Thanksgiving Recess
Seasoned Fries	Seasoned Fries			



Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style		
Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Half day	Thanksgiving Recess	Thanksgiving Recess



By the oz. Station	By the oz. Station	By the oz. Station	By the oz. Station	By the oz. Station
Greek Gyro Bar Pita Protein Vegetable	Greek Gyro Bar Pita Protein Vegetable	Half Day	Thanksgiving Recess	Thanksgiving Recess



Vegetarian



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What's on the Menu?

Staples School Lunch Menu November 29-30

Monday

Tuesday

Wednesday

Thursday

Friday

create

Menu Items
Breakfast for Lunch
Scrambled Eggs
Sausage Links
Potatoes

Menu Items
Caribbean Jerk
Chicken
Rice and Beans

Menu Items

Menu Items

Menu Items

grilled

Chicken Ranch Wrap

Meatball Grinder

Classic American
Cheeseburger

Classic American
Cheeseburger

Seasoned Fries

Seasoned Fries



Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza



By the oz. Station

By the oz. Station

By the oz. Station

By the oz. Station

By the oz. Station

Italian Feast!

Pasta
Sauce
Sides

Italian Feast!

Pasta
Sauce
Sides



Vegetarian



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