



January-February 2020

## What's New In Our Schools?

Welcome to your quarterly newsletter! We are excited to share our story with you! Over the past several months we have been serving up happy and healthy throughout the district with a variety of activities and programs!

Here are some of the fun things that happened as we kicked off 2020!

- Students at Long Lots school brought notes down to our team to let them know that they appreciate all of their hard work everyday, so touching!
- For Valentine's Day, we put together a delicious variety of desserts and healthy snacks for our students to enjoy!
- We also participated in the KHS Wear Red Day, offering snacks and heart healthy information to our teachers!
- We unveiled a few new menu concepts and stations for our students-they were overjoyed!
- We also said goodbye to an outstanding employee, Sharon, who worked at BMS. She retired after 26 amazing years in the Westport district with Chartwells. She is a perfect example of the great partnership we have here!
- Dani Curtis, from CES, was recognized as a Chartwells national employee of the month for the great work she is doing bringing smiles to our CES students!

### The Great American Road Trip Hit The Schools in January!

We spent the last few weeks taking our students on a culinary tour of North America! We featured recipes from the Northeast, Midwest, and the South!



### Meet Joanna!

We are happy to introduce Joanna Schipke, our new district dietician! Joanna has jumped right into her role, visiting the schools weekly and helping students and parents to navigate their lunches nutritionally! She is here to help and support in anyway she can!



## STUDENT CHOICE FOOD YOUR WAY

Student Choice returned in January, with concepts Flame, a made to order burger bar, and Roost, a play on the chicken sandwich craze sweeping America, squaring off! Staff and students alike enjoyed sampling the different recipes and being able to choose the winner they liked best! In a unanimous decision, it was Roost winning all the way! Recipes from this concept will be featured on menus for the months of February and March.

Here's a quick overview of how Student Choice works:

1. Students **taste** sample menu options of two new food concepts in a tasting event held in the café.
2. Students **vote** for their favorite concept using live polling software via text messaging.
3. The winning concept is then featured on the menu as a limited time offer for students to **enjoy!**

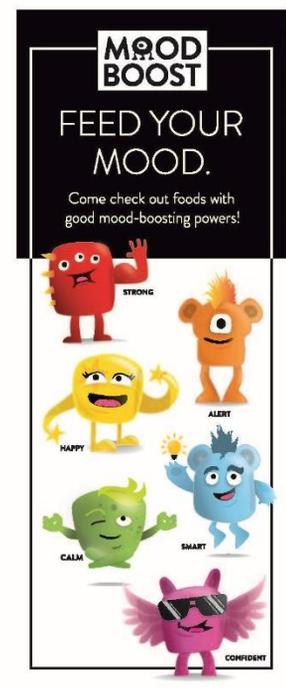
## MOOD BOOST

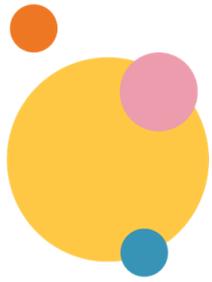
### Coming in March!!

Mood Boost is a seven-week program that features interactive experiences, tasty new menus and fun characters that focus on six moods: Strong, Alert, Happy, Calm, Smart, and Confident and which foods can boost them and why.

Students will soon be able to learn that healthy eating patterns can give them an emotional boost. This initiative is another way Westport and its foodservice partner [Chartwells K12](#) are ensuring students leave the cafeteria happier and healthier than they came.

**March 9-13, we will be touring the elementary schools to introduce our students to this fun and educational new program!**





## Discovery KITCHEN

Each month, we introduce a new Discovery Kitchen theme featuring lessons, events and culinary demonstrations. These themes are designed to bring a fun and inspiring sense of food discovery to our students and school communities.

February was Smart Snacking month in the cafes, where we engaged students with fresh recipes, delicious demos, and fun and informative nutrition education.

There's no question that students today are busier than ever! With school, sports and other extra-curricular activities, we want to ensure students understand how healthy snacks and meals can be an important part in keeping them energized all day long!

