



Staples High School: NOVEMBER 2018

Monday	Tuesday	Wednesday	Thursday-1	Friday-2
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BREAKFAST

Breakfast Pizza Breakfast Panini

CREATE

Moroccan Spiced Chicken Bowl Asian Noodle Bowl w/Broth

CREATE YOUR OWN INTERNATIONAL PLATTER-BY THE OUNCE

Wreckers Chili Bar!!

"Made Fresh Right Here" Beef Chili served with French Fries, Cheese Sauce, and Assorted Toppings

GRILL'D

Chipotle Pulled Pork Wrap Applewood Smoked Salmon

Assorted Burgers and Crispy Breaded Chicken Sandwiches Daily

2MATO Cheese Pizza served every day!

Meatball Pizza Italian Sausage Stromboli

PANINI

Tomato Mozzarella Panini Turkey Reuben with Cole Slaw

ON THE GO SALADS & SANDWICHES

Daily Options Prepared Fresh!

SO DELI

Made to Order Sandwiches with Your Choice of Boar's Head Meats, Cheeses, Toppings & Bread

NEED HELP OR HAVE QUESTIONS?

Deborah Vancoughnett
Director of Dining Services
(203) 341-2431

Benjamin Leahey
Assistant Director of Dining Services
(203) 341-1304

Bill Tomlinson
District Chef
(203) 341-2491

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions



Vegetarian






Staples High School: NOVEMBER 2018

Monday-5	Tuesday-6	Wednesday-7	Thursday-8	Friday-9
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BREAKFAST

Breakfast Burrito 	No School Election Day	Bacon Egg and Cheese Breakfast Wrap	Breakfast Pizza	Breakfast Panini 
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CREATE

Hand rolled Sushi 	No School Election Day	 Greek Gyro Choose from Falafel or Marinated Chicken	 Build Your Own Taco Bar	Chicken Tenders Cajun Curly Fries
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CREATE YOUR OWN INTERNATIONAL PLATTER-BY THE OUNCE




Build Your Own Italian Feast
 Choose from a variety of sauces and pastas! Buon Appetito!

GRILL

Buffalo Chicken Wrap	No School Election Day	Build Your Own Hot Dog Bar	Chicken Parm Grinder	Buffalo Wing Bar
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Assorted Burgers and Crispy Breaded Chicken Sandwiches Daily

2MATO  Cheese Pizza served every day!

Margherita Pizza 	No School Election Day	BBQ Chicken Pizza	Vegetarian Pizza 	Bosco Sticks 
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Cheese and Pepperoni Pizza Daily

PANINI

Chicken Tex-Mex Flatbread	No School Election Day	Grilled Chicken with Sundried Tomato Pesto	Classic Cuban Panini	American Panini
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ON THE GO SALADS & SANDWICHES

 **Daily Options Prepared Fresh!**

SO DELI

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Staples High School: NOVEMBER 2018

Monday-12	Tuesday-13	Wednesday-14	Thursday-15	Friday-16
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BREAKFAST

Breakfast Burrito 	Build Your Own Omelet 	Bacon Egg and Cheese Breakfast Wrap	Breakfast Pizza	Breakfast Panini 
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CREATE

Hand rolled Sushi 	Philly Steak and Cheese	Sizzling Chicken Fajita Bar	Build Your Own Pasta Bar 	Chicken and Waffle
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CREATE YOUR OWN INTERNATIONAL PLATTER-BY THE OUNCE

Build Your Own Asian Noodle Bar

Choose from Soba Noodles or Lo Mein Noodles, add your favorite sauce and protein and enjoy!

GRILL'D

Buffalo Crispy Chicken Wrap	Build Your Own Burger Bar	Greek Chicken Wrap	Meatball Parm Grinder	Buffalo Wing Bar with Fries
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PIZZA  Cheese Pizza served every day!

Pizza with "The Works"	Garlic Chicken Pizza	Chicken Parmesan Pizza	Meatball Pizza	Pesto Chicken Flatbread
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PANINI

Buffalo Chicken Panini	Black Forest Ham Panini	Monte Cristo Sandwich	Neapolitan Panini	Pastrami Reuben Panini
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ON THE GO SALADS & SANDWICHES

 **Daily Specials Prepared Fresh!**

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Staples High School: NOVEMBER 2018

Monday-19	Tuesday-20	Wednesday-21	Thursday-22	Friday-23
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BREAKFAST

Breakfast Burrito	Build Your Own Omelet	CLOSED FOR THANKSGIVING	CLOSED FOR THANKSGIVING	CLOSED FOR THANKSGIVING
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CREATE

Hand rolled Sushi	BBQ Riblet Sandwich	CLOSED FOR THANKSGIVING	CLOSED FOR THANKSGIVING	CLOSED FOR THANKSGIVING
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CREATE YOUR OWN INTERNATIONAL PLATTER-BY THE OUNCE

Build Your Own Italian Feast

Choose from a variety of sauces and pastas! Buon Appetito!

GRILL

Spicy Chicken Caesar Wrap	Build Your Own Burger Bar	CLOSED FOR THANKSGIVING	CLOSED FOR THANKSGIVING	CLOSED FOR THANKSGIVING
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Assorted Burgers and Crispy Breaded Chicken Sandwiches Daily

PIZZA Cheese Pizza served every day!

Margherita Pizza	Three Cheese Pizza	Cheese and Pepperoni Pizza Daily		
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PANINI

Chicken Cheddar Ranch Wrap	Southwest Turkey Flatbread	CLOSED FOR THANKSGIVING	CLOSED FOR THANKSGIVING	CLOSED FOR THANKSGIVING
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Staples High School: NOVEMBER 2018

Monday-26	Tuesday-27	Wednesday-28	Thursday-29	Friday-30
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BREAKFAST

Breakfast Burrito	Build Your Own Omelet	Bacon Egg and Cheese Wrap	Breakfast Pizza	Breakfast Panini
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CREATE

Breakfast for Lunch	General Tso Chicken	Chicken and Cheese Quesadilla	Moroccan Spiced Chicken Bowl	Asian Noodle Bowl w/Broth
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CREATE YOUR OWN INTERNATIONAL PLATTER-BY THE OUNCE

Wreckers Chili Bar!!
 "Made Fresh Right Here" Beef Chili served with French Fries, Cheese Sauce, and Assorted Toppings

GRILL'D

Chicken Ranchero Wrap	Build Your Own Burger Bar	Buffalo Ranch Chicken Quesadilla	Chipotle Pulled Pork Wrap	Applewood Smoked Salmon
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Assorted Burgers and Crispy Breaded Chicken Sandwiches Daily

2MATO Cheese Pizza served every day!

Buffalo Chicken Pizza	Assorted Ciabatta Pizza	Chicken Parmesan Pizza	Meatball Pizza	Italian Sausage Stromboli
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PANINI

Pepperoni and Mozzarella Panini	Black Forest Ham and Cheddar with Honey Mustard	Monterey Panini	Tomato Mozzarella Panini	Turkey Reuben with Cole Slaw
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