



## Staples High School: JUNE 2019

Monday-3	Tuesday-4	Wednesday-5	Thursday-6	Friday-7
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### BREAKFAST

Breakfast Burrito	Build Your Own Omelet	Bacon Egg and Cheese Wrap	Breakfast Pizza	Breakfast Panini
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### CREATE

Hand Rolled Sushi	BBQ Riblet Sandwich	Chicken and Cheese Quesadilla	Classic Sloppy Joe with Tater Tots	Chicken & Waffles
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### CREATE YOUR OWN INTERNATIONAL PLATTER-BY THE OUNCE

#### Build Your Own Italian Feast

Choose from a variety of sauces and pastas! Buon Appetito!

### GRILL

Spicy Chicken Caesar Wrap	Build Your Own Burger Bar	Costa Rican Tacos	Shredded Chicken Burrito	Buffalo Wing Bar with Fries
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**Assorted Burgers and Crispy Breaded Chicken Sandwiches Daily**

### PIZZA Cheese Pizza served every day!

Margherita Pizza	Three Cheese Pizza	BBQ Chicken Pizza	Sausage Pizza	French Bread Pizza
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**Cheese and Pepperoni Pizza Daily**

### PANINI

Italian Ham & Salami Ciabatta	Southwest Turkey Flatbread	Spicy Italian Panini	Apple Cheddar Panini	Roast Turkey and Bagel
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### ON THE GO SALADS & SANDWICHES

**Daily Specials Prepared Fresh!**

### SO DELI

**Made to Order Sandwiches with Your Choice of Boar's Head Meats, Cheeses, Toppings & Bread**

#### NEED HELP OR HAVE QUESTIONS?

Deborah Vancoughnett  
Director of Dining Services  
(203) 341-2431

Benjamin Leahey  
Assistant Director of Dining Services  
(203) 341-1304

Bill Tomlinson  
District Chef  
(203) 341-2491

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions

Vegetarian



**Staples High School: JUNE 2019**

Monday-10	Tuesday-11	Wednesday-12	Thursday-13	Friday-14
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**BREAKFAST**

Sausage Egg and Cheese Bagel	Build Your Own Omelet	Bacon Egg and Cheese Wrap	Breakfast Pizza	Breakfast Panini
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**CREATE**

Build Your Own Pasta Bar	General Tso Chicken	Baked Macaroni and Cheese Bar	Fajita Bar	Asian Noodle Bowl w/Broth Chicken Salad
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**CREATE YOUR OWN INTERNATIONAL PLATTER-BY THE OUNCE**

No by the ounce bar this week.

**GRILL**

**Daily Specials!**  
Assorted Burgers and Crispy Breaded Chicken Sandwiches Daily

**2MATO** Cheese Pizza served every day!

Margherita	Sloppy Joe Pizza	Chicken Parmesan Pizza	Veggie Pizza	Cheese Stuffed Breadsticks
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**PANINI**

Pastrami & Cheddar on Rye	Cilantro Lime Chicken Panini & Tomato	Chicken Bacon Chipotle Sandwich Tomato Pesto	Tomato Mozzarella Panini	Turkey Reuben with Cole Slaw
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**ON THE GO SALADS & SANDWICHES**

Daily Options Prepared Fresh!

**SO DELI**

Made to Order Sandwiches with Your Choice of Boar's Head Meats, Cheeses, Toppings & Bread

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